



GRANT REHABILITATION & CARE CENTER

From the Administrator's Desk...



Residents and staff alike are anxiously awaiting the season of spring here at Grant Rehabilitation and Care Center! Recently, I had the opportunity to visit with a longtime family friend and business owner in Petersburg. She reminded me that there are many individuals in this community that are looking for opportunities to volunteer their time and talents to others in need. I would like to officially extend an offer to interested individuals to contact us for the purpose of volunteering. Volunteers provide residents in long term care a sense of integrity, stability, and contentment, which enhances the other service lines within the organization. If you or someone you know would like to volunteer at GRCC and make a difference in the lives of others, we encourage you to contact us for more information.

The Grant Rehabilitation and Care Center Foundation provides an opportunity for community members to build a lasting legacy within our organization. The GRCC Foundation's first project is to raise funds for the Reverend Richard "Dick" Longbon Physical Rehabilitation Unit. Donations are being accepted and will be recognized in the new therapy unit by a Donor Recognition plaque displaying all sponsorship levels. Opportunities for sponsorship include a simple monetary donation to patronage of new therapy equipment, a private treatment room, or occupational treatment area. Donations are tax deductible. For more information about becoming a sponsor to our projects, contact me directly at 304-257-4233 or via email at kevans@gcnh.us. Additional information regarding our therapy unit renovation and sponsorship is included in this newsletter (*see page 4*).

All my best,
Kari

MARCH BIRTHDAYS




Dorene Kitzmiller	3-01
Hugh Harris	3-03
John Martin Jr.	3-05
Nina Sherman	3-08
Rella Rhodes	3-14
Josephine Keplinger	3-23
Russel Hedrick	3-31

ADMISSIONS

Connie Mowery	2-16
Roland Grapes	2-22
Anna Mongold	3-06
Dean Lafferre	3-08
Mary Murphy	3-12
Patricia Ruckman	3-13
Phyllis Hawk	3-13




Employee of the Month

GRCC's Employee of the Month for March 2018 is Cathy Harman. Cathy is a Registered Nurse who has been employed at GRCC since 1997. She is the mother of three children and is a Grandmother to seven. She attends Love Church, and aside from being a nurse and caring for our residents, Cathy enjoys outdoor photography.

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www.grantrehabilitationcarecenter.com

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DISCHARGES
 Charles Hevener 2-21
 Norma Hines 2-23



in
 loving
 memory

Connie Mowery 2-20
 Juanita Whittaker 2-27



Residents (front) Shirley Yokum, Mary Patch, Kathleen Roomsburg, (back) Diane Chilcote, Gerald Kimble, Jane League, and Hugh Harris recently attended a dressed rehearsal of Grease at the Landes Arts Center.

Notes from Social Services

Happy National Social Work Month!

The Ethics Committee for Grant Rehabilitation and Care Center has been re-established. Ethics are “moral principles that govern a person’s behavior or the conducting of an activity.” At times, situations occur and there does not seem to be a clear cut answer. These situations can involve our residents, staff members, or providers. Even though multiple solutions may have been attempted to solve the situation, the situation may remain, and this is when the Ethics Committee would be involved. The Ethics Committee will meet with everyone involved in order to obtain an appropriate solution.

At this time, the following people are members of the GRCC Ethics Committee: Dr. Caroline Armstrong, Shelia Phares, Certified Dietary Manager, Kari Evans, Nursing Home Administrator, Ann Kielar, Director Of Nursing, Christina Thorne, Assistant Director Of Nursing, Pastor Larry Hakes, Amy Rotruck, Social Services Assistant, and Ravenna O. Redman, Director of Social Services.

If you believe that you may have an situation that needs to be reviewed by the Ethics Committee, forms are available to you at the front and back nurses’ desk in the filing cabinet, and at the Social Services. Please complete the referral form, and return to the Social Services. Once returned to the Social Services office, the committee will start the Ethics Review process.

If you have any questions regarding the Ethics Committee, please contact us in the Social Services. Again, thank you for allowing us to serve your resident.

Sincerely,
 Social Services

Nutrition Services’ News

I am proud to announce that our department was deficiency free during our annual state survey and I am very pleased with the hard work and dedication that each employee has given to make our survey a success!! Great Job!!

Resident council in February chose the following meals for Easter day at noon: Baked Ham, Baked Sweet Potato, Succotash, Homemade Hot Roll, Deviled Egg and Coconut Pie.

If you would like to eat with your loved one(s), please notify the dietary department in advance at 304-257-4233 ext. 223. The cost of a meal is \$7.00 including beverage.



Sheila Phares
 Director of Food and Nutrition Services
 CDM, CFPP

This month, we were saddened by the death of our beloved coworker and friend, Tina Turner, on February 26, 2018.

Tina was employed as a dietary aide since November 12, 2010. She was always full of joy and was well loved by the residents and her coworkers.



While our department mourns her passing; we are also comforted by the knowledge that she is in God’s hands.

We extend our deepest condolences to all of her family and friends.

JAN. - FEB. MEMORIALS

IN MEMORY OF IRENE IMAN

*David & Faye Staley
Roger & Brenda Borrer
Sharee Bergdoll
Ichy & Mary Cay Hyre
Lester & Juanita Kuykendall
Doug & Pam Swick
Gordan Chapel
Memorial Church of the Brethren
Roger & Ann Harrison
Eric & Vicki Hudgins
Jim & Linda Allen*

IN MEMORY OF LARRY KITZMILLER

*Karen Kitzmiller & family
John & Mary VanMeter
Duke & Linda McDaniel*

Nursing Notes

Our staff is dedicated to working with all our residents to provide them with the best care possible, and to help provide comfort and a sense of well-being for our residents.

One program our nursing department offers is called Safe Harbor. This is a palliative care program designed for our residents who are experiencing a decline in their health status for any reason. Safe Harbor is not a Hospice program, although the objective of both Safe Harbor and Hospice is pain and symptom relief.

Safe Harbor residents are not required to meet Medicare eligibility in order to receive these services. If you have questions, you can contact our Safe Harbor Nurse, Kami Dayton, RN, or call the facility directly at 304-257-4233.

Residents have the right to choose the program of their choice when this type of service is needed. We will be happy to provide more information or answer any questions you may have about program options.

News from Medical Records

The Medical Record staff would like to give a warm "WELCOME" to Heather Barger, FNPBC, as she joins GRCC's TEAM of PHYSICIANS. Heather will be alternating rounds with Doctors Bruce Leslie, Stephen Thompson, Caroline Armstrong, and Benjamin Leslie. We are all excited to work with her and give her a big HEARTFELT WELCOME!

Fran Hedrick, Medical Record Coordinator
Mindy Evans, Medical Record Secretary
Jodi Cook, Desk Clerk
Anna Berg, Desk Clerk



February 28th

Ice Cream Social & "Guess Who" photo contest!



Residents Enjoy an afternoon Ice Cream Social:
(above) Mildred Cameron & Josephine Rohrbaugh
(below) Dellas Hedrick & Arthur Goldizen



Photo Contest Winners:
Tammy Lewis & Jessika Markwood

Activities

Residents have been busy with regular activities as well as having several special activities to celebrate different events.

Saturday, March 10th, South Branch Youth came and did a craft activity with residents, they are looking at doing this on a monthly basis. On Wednesday, the 14th, the residents celebrated St. Patrick's Day with Green Flip and Green Exercise Games. There were also Green treats and prizes for those who scored the highest on the games.

On March 15th, seven residents attended the dressed rehearsal of Grease at the Landes Art Center. Dwight Baker, Maintenance Supervisor; Letha Long, RN; Tammy Eckard, CNA; Aimee Minor, Social Worker and the Activity Assistant were among the staff that accompanied the residents to the play. Our thanks go to WV Theater East for inviting our residents.

We have started a new activity program for the Memory Unit. There have been a lot of good results and responses from the residents who are on the unit. Winnie Goldizen, Activity Aide will be heading up that program with assistance from Gail George, Activity Aide when needed. The program will be Monday thru Friday.

Music is always good therapy, and since both ladies play piano, we would like to have one for on that hall for them to use with this program. If you know of anyone who would like to donate or sell a piano for a small fee please contact Barbara Mauzy, Activity Director at (304) 257-4233 ext. 249

On Tuesday, March 27th, at 10:00 a.m., residents will be coloring eggs for Easter. They will then get to enjoy eating the eggs during Coffee Shop at 1:30 p.m. on March 29th. Pastor Hakes will have a Good Friday Communion Service on Friday, March 30th.

Thank you to all of our volunteers who give their time to help provide activities for our residents. If you would like to become a volunteer, give us a call or visit our website to download an application.

Barbara L. Mauzy, ADC
Activity Director

Richard “Dick” Longbon Physical Rehabilitation Unit

At Grant Rehabilitation and Care Center, Inc.

The Grant Rehabilitation and Care Center Board of Directors and the Grant County Nursing Home Foundation Board of Directors are proud to announce a major addition to the Grant Rehabilitation and Care Center, Inc. physical plant. Construction of the Reverend Richard “Dick” Longbon Physical Rehabilitation Unit is set to begin in the next few weeks. We are excited that Reverend Longbon has agreed to be a continuing part of our organization for many years to come as the new Rehabilitation Unit will bear his name.

As many of you know Reverend Longbon has been a long-time member of the Board of Directors of the Grant Rehabilitation and Care Center, Inc. and has been a major part of many of the changes that have taken place at our facility since he began serving on the Board of Directors in 1997. Reverend Longbon served for 24 years as the Pastor of the Grove Street United Methodist Church and Hedrick Chapel before his retirement. He has served on the Grant Memorial Hospital Board of Directors, as a member of the Petersburg Volunteer Fire Department, and numerous other local community organizations.

The Rehabilitation Unit will allow for us to provide new and innovative services to residents during their stay and as part of a resident’s follow-up care once the patient is discharged. The renovations will double the size of our current rehabilitation room and allow for additional equipment, a private speech consultation room, and additional treatment rooms. Our greatest addition to the Unit will be our new physical therapy gym, which will provide state of the art virtual reality therapies and additional areas for walking and gait training. The gym will also house additional exercise equipment that we currently do not have space to utilize. We have also created an area dedicated to occupational therapy to assist short stay residents in their return home after surgery or acute health events, which require the services of our Rehabilitation Unit.

The Foundation Board is asking that businesses, churches, civic organizations community organizations, families and individuals to contribute to the construction and equipment needs for the Rehabilitation Unit. The Foundation Board is offering varying levels of sponsorship and all those donating will be recognized for their contributions. Your tax-deductible contributions will be a lasting testimony to your commitment to our facility, while honoring Reverend Longbon for his years of service and dedication to our organization and community. Sponsorship contributions are appreciated and will be recognized on a digital display.

Grant Rehabilitation & Care Center
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