



GRANT REHABILITATION & CARE CENTER

From the Administrator's Desk...

Hello Family and Friends,

I have officially been a part of the GRCC family for one year and time certainly does fly! I remember my grandparents telling me that the older you get, the faster time goes, and have found that this old saying holds true.

This month, some of the members of my Management Team had the opportunity to travel to Charleston, WV for the WV Health Care Association Annual Convention. At the convention, GRCC was recognized for No Loss Time Injuries for 6 consecutive months as well as Deficiency Free in Life Safety for Assisted Living in 2017. We learned a great deal about upcoming regulatory changes, payment model changes, and improving Resident care.

Pictured below from left to right are: Crystal Grapes, HR/CC; Christina Thorne, ADON; Ravenna Redman, DOSS; Cassandra Hanlin, HSS



Renovations have started on the Richard "Dick" Longbon Physical Rehabilitation Unit. We are hoping to unveil the new unit in September 2018 to benefit our Residents while in the facility and for any therapy after their discharge. If you or your organization would like to make a donation to this unit, feel free to reach out to me by email/phone. You can also mail your tax-deductible donation to the facility address with instructions in the memo line.

Additional Notes:

We recently completed our 2018 Health Survey for Assisted Living and were found to be Deficiency Free! Congratulations to all the staff that provide services for our Assisted Living community.

Grant Rehabilitation and Care Center is a Veteran's Association approved contract provider. If you have questions about eligibility regarding VA placement, contact our Social Services Department.

Thank you and have a blessed month!
Kari



ADMISSIONS



James Dayton	5-03
Kitty Barr	5-04
John Sherman	5-04
Gerald Rhea	5-15
Justin Ours	5-21
Hartzella Hinkle	5-23

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Notes from Social Services

Greetings from the Social Services Department of Grant Rehabilitation Care Center! We wanted to take this opportunity to discuss Residents' Rights. Upon admission to the facility the resident or responsible family member is presented with the Resident's Bill of Rights. Resident's Bills of Rights are also given to the resident or family member once a year as a reminder. We also discuss Resident's Rights in Resident Council. Upon admission, the facility becomes the resident's home, which means many of the same things they did at home, they have the right to do in the facility. They continue to have a say in their care, and the ability to make choices.

Choices are important to a resident's self-worth. In a placement, where a resident has lost many freedoms, the ones that they can maintain is vital to their emotional well-being. The more that they are able to choose things for themselves, the better it is for the resident.

Examples of resident's rights are the following: residents have the ability to deny care. They have the ability to choose or decline activities. They have the ability to choose their own clothing. They have the ability to decide when they get up or go to bed. If they have the mental ability, they can also have romantic relationships, and the facility has to provide privacy for the couple. Residents have the right to have visitors, and the facility has to provide privacy for those visits. If you have any questions regarding resident's rights please stop in at the Social Services office and we would be glad to provide you with a copy and discuss them.

As stated before, residents have the right to choose their clothing. As the weather warms up, families bring in resident's "summer clothing." This is fantastic, however, if you bring in different clothing, please remove some clothing in order to make space for the new clothing. Unfortunately, our closets are not big enough to hold all the clothing. Please let the CNAs know of what clothing is brought in, and which is taken out, so that the inventory sheets can be updated, and so that they can be properly labeled.

Hope you have a blessed Spring!

Ravenna O. Redman, MSW, LSW
 Director of Social Services



Lucille Redman	5-01
Russell Hedrick	5-06
Thomas Whetzel	5-08



JUNE BIRTHDAYS



Naomi Amtower	6-02
Violet Wolfe	6-11
Nina Painter	6-12
Marion Wilson	6-15
Arthur Garner	6-15
Francis Hawkins	6-18
Velma Lyon	6-25
Thelma Rohrbaugh	6-26
Norma Musgrove	6-27
Gerald Kimble	6-30

Nutrition Services' News

Our department helped Activities prepare for the Volunteer Banquet that was held on April 17th. On April 19th we served lunch for the Terry Shobe Independent Housing Committee. They enjoyed a chef salad, tomato stuffed with cheese salad, croissants, pie and beverage.

On Mother's Day, May 13th, we served residents and guests a meal that was chosen by our Assisted Living Residents. It consisted of Meatloaf, Scalloped Potatoes, Green Beans & Corn, Homemade Hot Rolls, and Strawberry Cream Pie. To go along with Mother's Day, one of our staff members (Sally Pownell) made a wonderful bulletin board outside the department in honor of our mothers. Thank you Sally you did a great job!



We would also like to congratulate four employees who graduated from school this spring. Calei Reel and Adrianna Waldron who graduated high school, and Robyn Alt and Mycala Whetzel who both earned college degrees. Way to go girls! We are proud very of you!!

Sheila Phares, CDM, CFPP
Director of Food and Nutrition Services



We started our spring and summer menus in May. There are items that residents and employees both requested on the menus, i.e. gravy bread, chili dogs, taco salad and chef salad just to name a few.

We would like to send out congratulations to Beth Hall on the birth of her granddaughter Lakeleigh Deane Wratchford, and to Madison Hall who is Lakeleigh's aunt.



Pictured to the right is resident Donna Riggelman-Conner and baby Lakeleigh who dropped by for a visit.

Employee of the Month



GRCC's Employee of the Month for May is Beautician Deanna Evans. Deanna started out here at Grant Rehabilitation and Care Center as a Volunteer in 1996 before becoming employed.

She has been married to her husband Steve for twenty-four years, and they have two daughters; Deprise and Desiree.

In addition to being our full time Beautician, Deanna has her instructor's license and is a substitute teacher at the Cutting Edge School of Hair Design.

There were several activities in celebration of National Nursing Home Week including an Ice Cream Social for staff and residents on Friday May 18th.



Gerald Kimble and Jane League



Norma Pennel



Jerlo Thompson



Grant Rehabilitation and Care Center Employees



*Mindy Evans, Kari Evans,
Daniel Sager, & Aimee Minor*

Activities

The month of May has been a busy one for residents and staff with the celebration of National Nursing Home Week that began as it does each year with Mother's Day on May 13th. Gary Michael, Mayor of Petersburg, came to sign a proclamation declaring National Nursing Week, with two residents, Mary Margaret Michael and Eston Kesner as witness to the signing, along with Kari Evans, Administrator and Barbara Mauzy, Activity Director. We thank Gary for taking time out of his busy schedule to do this for us.

On Monday, forty-one ladies got glamor shots taken! A big thank you to Donna Lee Hope who furnished hats and boas, Deanna Evans, Beautician for coming in on her day off to pretty up the ladies and to Amanda VanMeter, Dietary Office Manager for taking the pictures.

We'd also like to thank The Harman's who came to entertain residents at the monthly birthday party and Grant Memorial Hospice for furnishing the cake for that event. The local VFW Post came on Thursday morning to do a program of remembrance and to honor our Veterans. Each resident in attendance was given a flag. We really appreciate these Veterans who are still serving their country by doing these programs.

The WV kickers were scheduled to come and dance for the residents but had to cancel due to all the rain, however, they rescheduled for the 24th at 6:00 p.m. We appreciate their coming.

The therapy department got in on the fun with a dance routine for the residents. They help each year and we are blessed to have a great group of folks in that dept. On Friday morning, and again in the afternoon the cosmetology class from Vo-Tech came to do the ladies' nails. It is always a treat to have these students visit. We want to thank all of the other volunteers who came at their regular times to help with activities as well, we are blessed with such wonderful volunteers.

On Wednesday, May 23rd held a short Memorial Service led by Pastor Rick Bergdoll to remember Tina Turner, who was a Dietary Aide. Tina touched many lives here, residents as well as staff, with her love for life and serving God by servicing others. Tina is truly missed by all who knew her.

The Activity Department is still taking applications for a part time Activity Aide, if interested, please submit an application. Thank-you.

Barbara L. Mauzy, ADC, Activity Director



Shirley Yokum



Estelle Vance



Jane League



Kitty Barr



Nellie Raines



Norma Pennel



Mildred Cameron



Mary Redman



Melissa Smith



Alta Nesselrodt



Josie Rohrbaugh



Mary Michael



Norma Musgrove



Donna Riggelman-Conner

Nursing Notes

National Nurses' Week was May 6th through May 12th. We celebrated on May 10th with a cake donated by Grant Memorial Hospice. All of our nurses are greatly appreciated! Thank you for your time and commitment to our residents.



(above) Sherry Haynes, Becky Hinkle, & Rhonda Ours.



(above) Cathy Harman

This month we dedicated our Elder Housing area as the **Terry Shobe Independent Housing and Retirement Campus** in honor of our previous Administrator, Mr. Terry Shobe. Terry Served as Administrator for 34 years at GRCC and was instrumental in obtaining the certificated of need that permitted the County Commission to begin construction for the facility we have today. Among those here for the dedication were Terry Shobe and his wife Pam, Administrator; Kari Evans, Board Members; Nan Kesner and Richard Longbon, and housing residents; Charles and Nancy Heck.

