



# GRANT REHABILITATION & CARE CENTER

## MAY BIRTHDAYS

Betty McConnell	5/09
Evelyn Vandevander	5/21
Donnie Whetzel	5/24
Robert Crites	5/25



Velma Lyon	3/31
Josephine Rohrbaugh	4/06
Barbara Alt	4/07



## DISCHARGES

Wade Mallow 4/04

## MEMORIALS

**In Memory of Karl Bobo:**  
Patterson Creek Ruritan  
Eileen Schell  
Martha & Leslie Sharp

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## ADMISSIONS

Phyllis Miller	3/18
Steven Curtis	3/19
Leona Whetzel	4/09
Eva Ford	4/10



## From the Administrator's Desk...

Hello dear friends!

Thank you for being a loyal reader of our newsletter. Each month we strive to provide the most up to date information on the "happenings" of our home. I hope you enjoy reading our newsletter as much as we enjoy sharing information with you.

By now, most of you know that GRCC is working collaboratively with Grant Memorial Hospital to transition the long-term care business (E-wing) from the hospital to our facility. This transition will this allow the hospital to provide private rooms to their patients and allow us to honor more private room requests from the community.

Over the past year, GRCC has declined admission to 261 local members (Grant, Hardy, Pendleton) due to not having a bed available. This means that our community members must seek placement at nursing facilities that are outside their home community, or remain at home without the appropriate level of care that they need. With the additional beds, we will be expanding our facility to accommodate the needs of the community and of our loved ones.

I appreciate your support during this transition and would like to thank the GMH Board of Trustees and Robert Milvet, CEO of Grant Memorial Hospital for working with us to ensure that the healthcare systems we have in Grant County are successful presently and in the future.

We are very excited about the recent arrival of our new transportation van. See page 2. for a look at our new wheels! As mentioned in the previous newsletter, the blanket warmer that was donated to the 100 wing residents is a wonderful addition to our facility. The residents are really enjoying this added measure of comfort that we provide to them.

Finally, we would love for you to be a part of our Volunteer Team. If you have the desire to help others and can contribute a few hours each week, stop by for a tour or visit us during a regularly scheduled activity to learn more about our programs.

Have a great month!  
Kari

## Nutrition Services

During the month of March, the Food & Nutrition Services' Department furnished refreshments on the courtesy cart for St. Patrick's Day. We look forward to doing this again at Easter.

Also, for Easter, our Residents' Council chose a special meal. It is as follows: Baked Ham, Scalloped Potatoes, Corn, Homemade Rolls, and Banana Pudding.



If you would like to join your loved one(s) for Easter Lunch (providing visitation restrictions have been lifted) please call ahead at 304-257-4233 ext. 5223. Meals are \$7.00 ea.

## Notes from Social Services

Finally! Spring is here!!!! We had a wonderful visit with our previous administrator, Terry Shobe. I am grateful to him, because he noted, that I did not list my husband Jason in last month's newsletter. I have been married to Jason Redman for over twenty years, and so grateful for his love and support. It is a difficult task to be married to a social worker, and I thank God every day that he is in my life. So, I did want to make that correction for this month's newsletter.

During a care plan meeting this past month, a family member suggested for us to list the products that we provide residents for their care in the newsletter. I appreciate all ideas for the newsletter, and this is an excellent one. Often, we provide a list at admission, but sometimes we forget, or the information does not get to everyone, so here is the list:



### Hygiene Products:

- Wipes and tissues
- Incontinence products
- Urinals/bedpans
- Wash basin

### Mouth Care

- Toothbrush
- Toothpaste
- Denture Cups
- Denture Tablets
- Adhesive for dentures
- Mouthwash
- Chap Stick

### Hair, Skin, and Nails

- Dove Soap
- Combs, brushes, and picks
- Non-Electric Razors
- Finger/toenail clippers
- Memory Board (Nail file)
- Manicure Stick
- Deodorant
- Lotion
- Shampoo

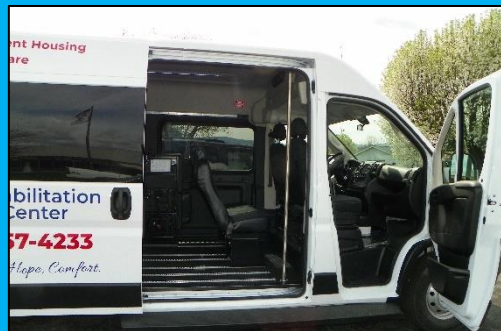
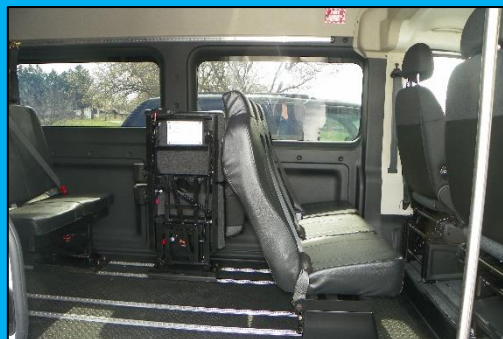
### Other

- Pillows



I had mentioned in a previous newsletter the desire to start a family council. It would be made up of family members of residents in the facility so that we can obtain feedback and suggestions to provide better care for our residents, and to improve our facility. If you would be interested in participating in a family council or have any questions or suggestions for the newsletter office, please contact me in the Social Services office. My direct telephone extension is 5242. My email address is RRedman@gcnh.us.

Ravenna O. Redman, MSW, LSW



*GRCC's New Transportation Van*



## *Happenings in Activities...*



In March we did all of our regular activities and added a few special things. For the week following St. Patrick's Day we had St. Patrick's Bingo and featured a green & shamrock decorated cake at the monthly Birthday Party.

We have also attended two Lenten Lunches with eight residents already, and we plan on attending at least two more lunches. The residents had a good time visiting with people that they know in the community as well as they enjoyed the good food and service.

We have also played active games this month such as the bean bag toss, a frisbee throw, and a popcorn ball throw. First place winners received \$2.00 and 2nd place won \$1.00. A good time was had by all who participated.

As always if you are interested in making our residents' days brighter and filled with fun, ask us about being a volunteer! Please call 304-257-4233 ext. 5225, and we will tell you how to become one. It will brighten your days also!

Thank you, Cindy L. Evans ADC



## *St. Patrick's Day Refreshments*



In celebration of St. Patrick's Day, March 15<sup>th</sup> was deemed "Green Day" at our facility. Residents & staff were also treated to an afternoon snack of "green" punch and "green" cupcakes.



## Employee of the Month



For April, the Employee of the Month is Tammy Lewis. Tammy is a CNA here at GRCC. She has been with us for eleven years.

Tammy resides in Petersburg. She has two sons; JJ & Hunter, a daughter-in-law; Michelle, and two grandsons; Kyler & Rylen. In addition to her family she has four dogs; Bell-Bell, Zia, Chloe Bug, & Phoenix, and one cat; Cat.

She enjoys spending her free time with her grandbabies and dogs as well as doing puzzles and reading.

## Therapy's "CNA" Spotlight

Odyssey Rehab chose Wendy Bennet as our CNA for the month of March! She has a great personality and treats her residents with respect and dignity. Wendy is also always willing to help the "Rehab Gang" whenever needed, and she does it with a smile on her face. Please congratulate Wendy when you see her! 😊



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