

# 🏶 GRANT REHABILITATION & CARE CENTER 🔗



## Please be Advised...

At Grant Rehabilitation and Care Center we take the health and safety of our residents seriously. Due to the increase in confirmed cases of COVID-19 (Coronavirus) in surrounding states, GRCC will be restricting all visitation until further notice as a safety precaution for our residents and staff.

We are asking for your assistance in helping our residents during this time. Please be mindful of what information about COVID-19 you are discussing with the residents, only present facts from the CDC or WVDHHR instead of media/social media hype. If you need help speaking about COVID-19 or have questions, please reach out to the CDC at 1-800-232-4636 or Danielle Berg, RN/Infection Preventionist at (304)257-4233 x5114.

We encourage you to reach out to your loved one via phone. We are diligently working to set up a video chat option and will notify you when this becomes available.

Thank you for your cooperation and assistance.

Danielle Berg, RN/Infection Preventionist



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#### Congratulations



Congratulations



### Therapy's CNH Spotlight

Tammy Eckard is Odyssey Rehab's March CNA of the month! Tammy is a restorative aide/CNA who assists at the restorative table, with the different restorative programs, or wherever she is needed to fill in. She is a hard worker who sincerely cares about her residents and wants what is best for them. Tammy communicates with the therapy team when there is a patient in need of skilled therapy services.



The Employee of the Month for the month of March is Cheryl Heavener. Cheryl is a General Duty Aide here at GRCC. She's been employed for two years and five months. She enjoys her work very much.

Cheryl has been married to Joseph for twenty-eight years. They have two children;

Jerry and Michelle, and three grandchildren; William, Mason, & Drakely.

In addition to her family, Cheryl has three pets; a Shih-Tzu named Sassy, a Pomeranian named Buddy, and an Australian Shepherd named Oreo.

She likes to spend her time with family or sewing and attends Landmark Holiness Tabernacle.



Happenings in Hctivities..

Activities had many Valentine related groups in February. A Valentines lunch was held for a large group of our residents. They enjoyed fried chicken, macaroni salad, chips, and soda with cherry pie for dessert. There were also games with Valentine themes.

We've had extra singing and active games along with all of the regular groups that come weekly. The new book club group is being enjoyed by regular attendees as well. Furthermore, we have just started a small painting group and are excited to see what the response will be.

The residents do enjoy receiving cards and they look forward to getting mail all the time not just on Holidays, so if you would like to brighten their day and you know of someone in the facility, drop them a card.

God Bless, Cindy L. Evans ADC

Notes from Social Services ...

Nutrition Gervices' News...

We've been staying busy in our department with everyday meal prep and service. In addition to this, we provided refreshments for the new Family Council this month.

Joining us this month are four new employees, Isaac Barger, Morgan Myers, Adrian Ours, and Tanisha Henry. Welcome all!

At our March residents' council, the special Easter meal was chosen. It is as follows: Baked Ham, Sweet Potato Casserole, Broccoli, Hot Roll, and Cherry Pie w/Ice Cream.

Also, be aware that Spring and Summer menus are set to begin in early May.



The coronavirus disease has been on everyone's radar for the last couple of weeks. Our facility is taking steps to protect our residents. Our residents are in the higher risk category for the virus, due to their age, and the fact that they have serious chronic medical conditions such as heart disease, diabetes, and lung disease. They have compromised immune systems which prevents them from fighting illness. Due to these reasons, the facility has tried to be very proactive in our care. We have prohibited visitation. Staff and vendors are going through a screening process before they provide care to our residents. A resource regarding the Coronavirus is https://www.cdc.gov/coronavirus/2019-ncov/index.html.

Prohibiting visitation is a double edge sword for our residents. Yes, it is protecting them, but they are missing their relatives, and visitors that they are used to seeing on a regular basis. At this time, all of us need to become creative for visiting. Residents enjoy receiving cards, and letters. They also enjoy receiving telephone calls. The facility is also willing to coordinate with family regarding technology, such as Facetime, or Skype so that you can see resident's in real time. We will also coordinate if you would like to see your resident at the windows. If you would be interested in that, please contact Social Services or the Activities Department.

Thank you for being cooperative and understanding during this time. We greatly appreciate your assistance in caring for our residents.



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