



GRANT REHABILITATION & CARE CENTER



Eula Plaugher	10/03
David Sine	10/03
Lloyd Barger	10/05
Molly Wolfe	10/07
Helen Mullin	10/08
Mary Patch	10/11



Betty See 9/12



Richard Byrd 8/27
Edith Fleisher 9/13



Gerald Kimble 8/30
Richard Byrd 9/13

We will be making homemade apple butter on October 15th 16th, 2019. Anyone who would like to help or buy apple butter, please contact the Activities Department @ (304) 257-4233 ext. 5225.



From the Administrator's Desk...

"This is my favorite time of the year!"

I have heard that statement made by numerous residents, co-workers, friends, and family. Do you ever wonder why so many people enjoy the fall season? Is it because we need a break from the summer heat or that we anticipate the beautiful color change that occurs in nature? Could it be that folks prefer the slowed pace of daylight savings that brings shorter days, or is it the hustle and bustle of preparing for the upcoming holidays that make this their favorite time of year?

Growing up on a farm, I remember that this time of year was welcomed. My grandparents were ready for a break from haymaking, garden tending, and canning the produce from summer's bountiful crops. We spent more time inside cooking and baking and watching reruns of the Andy Griffith show. Actually, my Grandma spent more time cooking and baking, and I was the official taste tester and bowl cleaner! Whatever the reason may be for this being your favorite time of year, Ecclesiastes 3:1 says, "There is a time for everything; and a season for every activity under the heavens."

My hope is that you are enjoying each day and each season and are thankful for each blessing. We are thankful for each of you, whether you are a resident, family member, co-worker, or friend.

Many blessings,
Kari



We will be participating in trick or treat night again this year! Don't forget to stop by with your children and let our residents give them a treat!



Employee of the Month

September's Employee of the Month is Lisa Thompson! Lisa has been a CNA here at GRCC for the past fourteen years.

She and her husband, Jeromy have been married for fifteen years. She has three children (Marie, Nikki, and Joey) and four grandchildren (Maddy, Bailey, Karley, and Jameson). In addition, Lisa also has three pets; two cats and a dog.

Lisa says her favorite thing to do is spend time with her grandchildren.

Happenings in Activities...

August was a very good month for activities. We had excellent attendance and participation from the residents! Both residents and staff had lots of fun. Our new activity, Book Club, started by Shandra Hottinger; Activity Aid, is doing very well. The residents enjoy the stories and the conversations that follow.

Our monthly Birthday Party was held on the 21st. The Harmans were here to sing and play for the residents who love to hear them. Of course, the Harmans also enjoy coming, to entertain whenever they are able. They travel all the way from Grottoes, Va.

We also, throughout the month, have had Root Beer Floats and Ice Cream Cones for residents and staff. These activities brought back good memories for the residents and were enjoyed by all.

August 24th was the Annual Lawn Party. This was a successful day! We had Raw Country here to entertain, good food sold by The Lions Club; Petersburg Church of God's Kid Zone; Janet Crites' homemade candy; Country Roads Catering's Homemade Pie and Ice Cream, and our activities department sold soft drinks and water. We also had an antique car/truck show we had twenty-three vehicles on display. Lots of people from the community attended and lots of residents came out with family to enjoy the evening.

Remember if you are interested in volunteering, please stop by and we will show you how! Be a blessing to someone today!

God Bless,
Cindy L. Evans, ADC

Notes from Social Services...

Happy Fall Y'all!

One of our favorite parts of our job is working with residents and family regarding our resident's care. Family's input is vital to a resident's adjustment, and progress in the facility. We start this at the beginning, through the admission meeting. We also try to continue this process through care plan meetings which are scheduled around every three months. We invite responsible family members to attend care plan meetings. However, if your family member is capacitated, they are invited to attend the meetings, and a letter is not sent out. Recently, we have had several residents requesting for their family member to receive notice so they can attend.

If you would like to participate, please let our office know. We usually have care plan meetings on Thursdays, but they can be scheduled to accommodate the family's schedule. During the care plan meeting, representatives from all the disciplines attend to discuss the resident's progress. A care plan meeting can be scheduled at any time necessary in order to meet the resident's needs.

The care plan letter that is sent out, has the date for the care plan. If you are unable to attend the meeting, the letter has a blank section where you can list your concerns, and mail it back so that we can still receive your feedback regarding care. You are also entitled to receive a copy of the care plan, and you can pick that selection as well.

You may also receive a survey regarding your resident's care.

Please complete these items and send them back to us. We review all of them, and use the feedback to improve our care. If you have any questions, regarding the forms, please contact our office, and we will assist you.

Family involvement is crucial to providing the best care for our residents, and your participation is wanted, and valued.

Sincerely,
Social Services Department



Therapy's CNA Spotlight



Tina Crites is Odyssey Rehab's September CNA of the Month! Tina is a kindhearted and compassionate CNA whom always puts her residents first. Tina works close with the Therapy staff and refers residents to therapy as needed in order for them to receive the most adequate care possible!

Cold & Flu Season is Near...

As the autumn weather is quickly approaching, so is cold and flu season. Please do not visit our residents for any reason if you have any of the following symptoms: fever, nausea, vomiting, diarrhea, cough, runny nose, congestion. Our residents are not able to fight against infections without your help. Annual flu vaccines for our residents will be administered starting October 27, 2019. Please stop in the facility to electronically sign the flu and pneumonia vaccine consents. We appreciate your help in keeping our residents healthy. If you have any questions, please reach out to Danielle Berg, RN/Infection Preventionist.



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